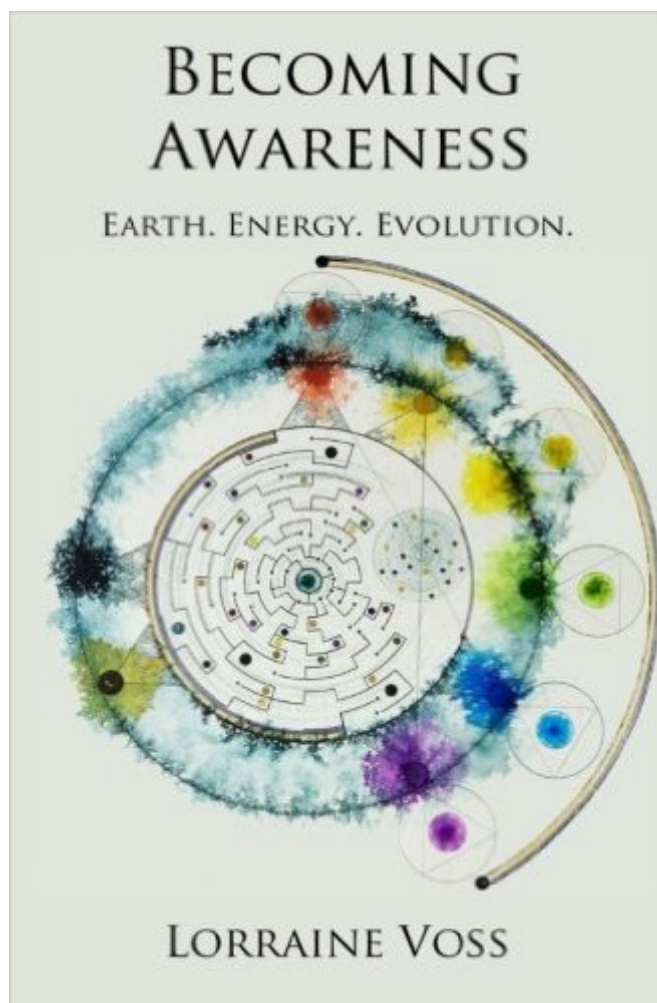


The book was found

Becoming Awareness: Earth. Energy. Evolution.



Synopsis

Who were you before the world told you who you should be? Lorraine Voss takes us on a powerful journey of awareness and perception that awakens us to natural beauty and the realization of authentic being. In *Becoming Awareness*, Lorraine explores how our connection with the Earth facilitates the awakening of our vibrational frequencies, bringing us to states of higher consciousness and into realms of deeper awareness. Her insights motivate us to recognize ourselves as beings who are free to choose and create from the infinite possibilities that are available to us. She illuminates the patterns that prevent humanity from evolving and inspires us to feel, see, hear, and know our world from a place of stillness, a place of Spirit, a place of pure perception. Through stimulating conversations with seers, Nayeli and Alejandro, Lorraine identifies the following:

- Energy practices - why they are important and why they work. How to deepen our connection with the Earth in order to raise our vibrational frequency.
- Why integration is an essential component to a holistic level of being.
- Living in balance and freedom through our surrender to Universal Life-Force energy.
- The importance of sustainable evolution that ensures preservation and freedom.

The journey is exhilarating and Lorraine's insights motivate us to recognize ourselves as beings who are free to connect with our true lineage, the genuine essence of our being.

Book Information

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Customer Reviews

What I particularly appreciated in Lorraine's work, is the Toltec Way brought to us in understandable simple language, explained well. The teaching is in Lorraine's experience and example within the

story as told. We all experience opportunities for deeper awareness, yet most people caught in habitual patterns and thought forms, miss it. Lorraine didn't. What I more than appreciate, is the principle she speaks of, of honoring each individual's connection and relationship with Source and each person's innate unfolding wisdom. Her teachers did not just tell her things, they gave her opportunities to remember her own answers.

Once in a while a pivotal book comes along at just the right time in the lives of individuals who seek to understand and live life beyond the mundane. *Becoming Awareness* is such a book. No matter where you are in your life journey, Lorraine's engaging chronicle of her personal journey will encourage all readers to continue -- or begin! -- their own quest towards awareness. Anne M. Hanson, Educator, Author

Lorraine's book is an energetic masterpiece which can assist the reader to shift his or her assemblage point and truly perceive in a new way. The teachings are offered in such an accessible story-telling way, intertwining personal experience and universal perspectives. She utilizes Toltec terms in a comprehensive way to facilitate understanding. I have long been fascinated with both Toltec and non-duality paradigms and admired the way this book allowed the reader to consider awareness in a freshly-expressed way. The book shines as an "empty mirror" that can guide us toward awakening more fully unto the gift of this earth and the presence of the sacred moment. I thoroughly recommend it.

This book brought clarity on so many levels. Lorraine's introduction to the Lineage brought a sense of belonging I had always felt but couldn't articulate. Hearing the perspective of the seers Lorraine worked with provided many answers to my own questions. I couldn't put this book down. It has solidified my understanding for being true to myself and living authentically.

Praise for *Becoming Awareness* • Rare is the book that comes along that is both a pleasure to read, as well as serves as a treasure trove of insightful knowledge into personal and spiritual growth. Lorraine Voss's *Becoming Awareness* is one such book. Starting with the narrative of her chance meeting in Mexico with a native Nahuatl Indian friend named Nayeli, Lorraine Voss invites us to witness a journey that blends down-to-earth experience with the wonders that embody the actual meaning of the story's namesake: *Becoming Awareness* •. For those readers whose life has convinced them that they've seen everything there is to see, Lorraine shows us that one can

continue on the discovery of one's own life with the freshness and curiosity of childlike inquiry. For those new to the journey of self-discovery, *Becoming Awareness* is a delightful story whose backdrop invites the unfolding of knowledge of oneself and awareness of how very special one's very own life truly can be. Lorraine Voss clearly explains formerly unknown concepts in plain language, and provides living examples so that one may easily understand more complex ideas. Whether you merely desire a story of a pleasurable and challenging trek into the brilliance of a formerly unknown self, or whether you seek to expand your life-long sojourn further into what infinity has to offer, then read and utterly enjoy Lorraine Voss's *œBecoming Awareness: Earth. Energy. Evolution.â* •

A Book of Power, clear in all directions, the author a portal and bodhisattva, providing examples of courage and pure intention to fellow travelers and seekers. A book which is medicine bundle and talisman to treasure, a blessing for which we thank the author for writing and revealing. Flowing emptiness an empty mirror Reflecting nothing walking in beauty Nothing is true everything is possible Stalking stalking dreaming dreaming Being's rationale for being Just being clear intent swimming Dancing the waters of infinity Relaxing into source everywhere Freedom just another word and yet When the heart opens and spirit sees Spirit permeating coursing through all The masks of separation drop No pretense no striving no lacking You are the mystery revealing itself Without hindrance without explanation

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